

## Preparing for your PET Brain Exam

- ✓ Nothing by mouth for eight (8) hours prior to check in, except water; please stay hydrated
- ✓ **Medications:** Hold insulin & prednisone for 6 hours – all other medications OK
- ✓ If you are diabetic and your blood sugars run high (above 150-200 mg/dL, must be below 200) please arrange for medication adjustment with your doctor
- ✓ If you are anxious and/or claustrophobic, please make arrangements with your doctor for medication, and arrange for a family member or friend to drive you home after the exam