

Preparing for your Lumbar Puncture, SI Joint Injection

- ✓ Please show up 30 minutes prior to exam start time for check in and preparation
- ✓ If you are on anticoagulation medications, let us know the type of medication as they will be held for a period, according to policy and your prescribing doctor
- ✓ You will need a driver to take you home
- ✓ Be prepared to lie flat on your stomach for the procedure for at least 15 minutes
- ✓ You will be provided with post care instructions at discharge and will receive a follow-up phone call the next day
- ✓ Call the special procedures technologist at Ext 3014 for medication guidelines if you are on anticoagulation or other medications that may be contraindicated